**FIXTURES FOR 2015 / 16**

**2015**

19th September Midland 6 Stage Road Relays Sutton Park

 Ladies 4 Stage Road Relays

 & Young Athletes

3rd October National 6 Stage Road Relays Sutton Park

 Ladies 4 Stage Road Relays

10th October North Midland Cross Country League Derby

*\*\*17th October Midland Cross Country Relays Uttoxeter*

31st October National Cross Country Relays Mansfield

14th November North Midlands Cross Country League Corby

*\*\*21st November Midland 7 Mile XC Wolverhampton*

*Ladies 5 Mile XC*

5th December North Midlands Cross Country League Heanor

**2016**

9th January County Cross Country Champs

16th January North Midlands Cross Country League Wollaton Park

30th January Midlands Cross Country Champs Stafford

27th February National Cross Country Champs Castle Donnington

*\*\*2nd April Midland 12 Stage*

 *Ladies 6 Stage Sutton Park*

*\*\*16th April National 12 Stage*

 *Ladies 6 Stage Sutton Park*

**Races for all age groups U13 upwards except those marked \*\***

**North Mids includes U11**