

## North Midland Cross Country League Secretary's Report 2024 / 25

Now in its 78<sup>th</sup> year the North Midland League continues to provide well organised low cost club athletics. For an entry fee of £15 - £25 per team we provide 4 races a season for as many athletes as that team has, which equates overall to less than £1 per athlete per race whilst offering a prize list value of over £2,000! The introduction several years ago of £100 prizes for the top overall Male and Female athletes proved very popular and at last years AGM the League Committee doubled the value of the Derby Runner Vouchers awarded to the leading individual athletes in each category.

Once again can I acknowledge and thank that band of selfless die hards who manage the League and take on their responsibilities so proficiently. That is of course the League's Officials who turn up year after year, no fuss and do their jobs so efficiently and the four clubs who hosted matches last season, Derby AC, Corby, Heanor RC and Notts AC.

On the competition front the League again provided competitive races for men and women of all abilities and all ages and as usual some good personal battles.

Finally, on behalf of everyone involved can I thank Rob Jefferies and the Derby Runner for their generous sponsorship.

Mick Robinson  
Hon Secretary

10<sup>th</sup> September 2024

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